



Boys and Girls Club of Ottawa
Repaire jeunesse d'Ottawa

Don McGahan

2019 FALL PROGRAM SCHEDULE



SPECIAL EVENTS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT/SUN
<p>HOURS OF OPERATION <u>Monday-Friday</u> 3:00 – 8:00 pm</p> <p>Juniors (6-10 years) welcome until 7 pm</p> <p>Intermediates (11-13 years) welcome until 8 pm</p> <p>Seniors (14-18 years) welcome until 8pm</p> <p><u>Saturday</u> 13 to 18 yrs old 6:00 – 10:00 pm</p> <p>HEROS Ice Hockey on Tuesdays at Bernard-Grandmaitre Arena Pre-Registration Required</p> <p>SHINE Music Lessons every Friday</p> <p>Raising the Grade: Join <i>Raise the Grade</i>, an educational program of Boys and Girls Clubs of Canada, supported by RBC Future Launch. In our <i>Raise the Grade</i> technology centres, we will help you discover your interests, shape your career goals, and plan for your future.</p>	<p>3:00-4:00 pm Early Birds</p> <hr/> <p>4:00-5:00 pm Homework Club Everyone participates in Education based programming! Link<ed> Pre-Registration required</p> <hr/> <p>5:00-6:30 pm</p> <p>Social Recreation: <i>Minute 2 Win It</i> Racket Sports Jr./Int. Soccer Baseball Art Now: Crafts Jr./Int. Dance Kid Food Nation Music</p> <hr/> <p>6:30-8:00 pm</p> <p>Social Rec Int./Sr. Ball Hockey Soccer: <i>6:30-7 drills, 7-8 game time</i> Painting</p>	<p>3:00-4:00 pm Early Birds</p> <hr/> <p>4:00-5:00 pm Homework Club Everyone participates in Education based programming!</p> <p>Twice Upon a Time Free book store at BGC</p> <hr/> <p>5:00-6:30 pm</p> <p>Raise the Grade Pre-Registration Required Skills & Drills Jr. Soccer League Art Now: Holiday Celebration Big Cook</p> <hr/> <p>3:00-7:00 pm HEROS</p> <hr/> <p>6:30-8:00 pm</p> <p>Social Rec: Games Night Handball Int./Sr. Soccer Art: Anime Club Sr. Cooking Music Appreciation in the Studio</p>	<p>3:00-4:00 pm Early Birds</p> <hr/> <p>4:00-5:00 pm Homework Club Everyone participates in Education based programming!</p> <hr/> <p>5:00-6:30 pm Computer Time Volleyball/Badminton Lixar Baseball Art Now Baking Cupcakes Music Studio</p> <hr/> <p>6:30-8:00 pm Social Rec Int./Sr. BBall Dodgeball Int./Sr. Paint Night</p>	<p>3:00-4:00 pm Early Birds</p> <hr/> <p>4:00-5:00 pm Homework Club Everyone participates in Education based programming!</p> <hr/> <p>5:00-8:0 pm Raise the Grade The Tech Center is open for High School Students! Pre-Registration Required</p> <hr/> <p>5:00-6:30 pm Take it Easy: “Empowerment and Self- Esteem for Youth” Leadership Program Jr. Sport: Skills & Drills Int. Soccer Art Now: Seasonal Celebration Int. Dance Kareoke</p> <hr/> <p>6:30-8:00 pm Int./Sr. BBall Crafts Sr. Dance Ultimate Frisbee</p>	<p>3:00-4:00 pm Early Birds</p> <hr/> <p>3:30-6:30 pm SHINE Music Pre-Registration Required</p> <hr/> <p>4:00-5:00 pm Jr. Art Bocce Ball</p> <hr/> <p>4:00-6:00 pm Jr./Int. BBall League Raising the Grade The Tech Center is open for High School Students! Pre-Registration Required</p> <hr/> <p>6:00-8:00 pm Sr. BBall League Youth Council</p> <hr/> <p>5:00-6:30 pm Running Games Social Rec Art Now: Craft Show Creations</p> <hr/> <p>6:30-8:00 pm Int./Sr. Soccer Int./Sr. Dance</p>	<p>Saturday Sr Youth Night (ages 13-18)</p> <hr/> <p>6:00-10:00 pm</p> <p>-Basketball</p> <p>-Soccer</p> <p>-Arts and Crafts</p> <p>-Cooking/Baking</p>